

Abernethy 10 Mile Race 2013 Results

91 runners set out on the RSPB Abernethy 10 mile road race with excellent condition, they were lead home by local runner Terence Forrest, Cairngorm Runners, the first lady to cross the finish line was Megan Mowbray, Hunter Bog Trotters. The first local lady was Wendy Conway from Grantown. All the finishers received shortbread biscuits kindly donated by Walkers Shortbread. In addition a group of 3 people visiting from London walked the course setting of some time before the race start and they were raising money for Leukaemia & Lymphoma Research, there efforts raised over £652.00 to add to the £1840.00 already raised, thanks to all who supported this charity walk.

1.	Terence Forrest	Cairngorm Runners	57.20	M	1 st Local Male
2.	Jeremy Whittet	Keith & District	58.09	MV	
3.	Jamie Thom		59.18	M	
4.	Tim Griffin	Cosmic Hillbashers	61.42	MV	
5.	Jack Ward		63.05	M	
6.	Alan Raich	Cairngorm Runners	63.06	MV	
7.	Peter Loveless		63.26	M	
8.	Jon Rathen	Hunter Bog Trotters	63.58	MV	
9.	Peter Bell	Viveroys Tri Club	64.24	MV	
10.	Declan Teague	Eastdown AC N.I.	65.49	MV	
11.	Alistair Priess	Ochils	65.57	MV	
12.	Stephen Smith		65.58	M	
13.	Iain Blackburn	Nairn R.R.	66.00	M	
14.	Megan Mowbray	Hunter Bog Trotters	66.07	FV	1 st Lady
15.	Giles Trussell		67.30	MV	
16.	Tom Adams		70.04	M	
17.	Gerald Evans	Moray R.R.	70.46	MV	
18.	David Moore		71.30	M	
19.	Dougie Potter		71.35	M	
20.	Roma Shepherd	Inverness Harriers	72.30	FV	
21.	Mark Blyth		73.11	MV	
22.	Sophie Foreman	Tonbridge A.C	74.14	F	
23.	Andrew Gordon	Inverness Harriers	74.34	MV	
24.	David Bryan	East Sutherland A.C.	75.26	MV	
25.	Phil Younger		75.29	M	
26.	Wendy Conway		75.33	F	1 st Local Female
27.	Luke Caley		76.43	M	
28.	Alan Johnstone	Forres Harriers	76.55	MV	
29.	John MacPherson	Metro Aberdeen	77.00	MV	
30.	June Jessop		77.07	FV	
31.	Jagoda Penkala	Arbroath Footers	77.23	F	
32.	Chris Elliott	Arbroath Footers	77.29	MV	
33.	Mark Swinden		77.33	M	
34.	Jennie Dickie	Forres Harriers	78.27	F	
35.	Dominic Baker		78.33	M	
36.	Maureen Mackie	Nairn R.R.	78.34	FV	
37.	Ewan Huc	Muir of Ord	78.40	M	
38.	Helen Oxenham		78.52	FV	
39.	Gilbert Bain		80.01	MV	
40.	Michael Watson		80.02	MV	
41.	Philip Waite		80.16	MV	

42.	Herbert Thein		80.56	MV	
43.	Jodi Sharpe		81.38	FV	
44.	Donald Ross	Nairn R.R.	81.59	MV	
45.	Gordon Flett		82.33	MV	
46.	Stuart Barr		83.09	M	
47.	Neil Kennedy		83.09	MV	
48.	Louise Sutherland	Griffnock North	83.29	FV	
49.	Stephen Mitchell		83.41	MV	
50.	Ron Wild	Keith & District	84.24	MV	
51.	Anni Johnstone	Forres Harriers	85.50	MV	
52.	Imogen Percy-Smith		86.11	FV	
53.	Stewart Charmers	Inverness Jog Scot	86.53	MV	
54.	Andrew Holmes	Cairngorm Runners	86.53	MV	
55.	Sara Huc	Muir of Ord	87.38	FV	
56.	Andrew Shepherd	Inverness harriers	87.43	M	
57.	Kirstin Grant	Nairn R.R.	88.05	FV	
58.	Christoff du Plessis		88.06	M	
59.	Calum Mallbannan		88.06	M	
60.	Geraldine Currie	Milburn Harriers	88.33	FV	
61.	Joachim Blatter		90.34	MV	
62.	Matthew Cochraine	Newburgh Nomads	90.35	MV	
63.	Amy Oxenham		90.36	F	
64.	Anna Clark		91.07	F	
65.	Kate Hext		92.08	F	
66.	Carol Stewart	Nairn R.R.	92.25	FV	
67.	Anni Johnstone	Forres Harriers	92.52	FV	
68.	Simon Molyneux		93.11	MV	
69.	Carol Murphy	Forres Harriers	94.10	FV	
70.	Louise McWilliam		94.10	F	
71.	Alistair Stewart	Nairn R.R.	95.06	MV	
72.	Richard Semple		95.29	MV	
73.	David Oxenham		97.26	MV	
74.	Bob Gossfil		97.26	MV	
75.	Debbie Halliday	Nairn R.R.	97.41	FV	
76.	Corinne Ferguson	Nairn R.R.	97.47	FV	
77.	Louisa Bell		98.02	FV	
78.	Christina Gordon		98.06	F	
79.	Louise Molyneux		99.15	FV	
80.	Sarah Dickie		100.14	F	
81.	David MacFadyn		100.40	MV	
82.	Malcom McKenzie		101.05	MV	
83.	Andrew Lilley		102.51	M	
84.	Jill Cochrane		103.43	FV	
85.	Alexander McDonald		104.11	MV	
86.	Tijana McKenzie		104.24	F	
87.	Laura Fisher		116.46	F	
88.	David Morgan		116.59	MV	
89.	Tanja Cadez		118.04	F	
90.	Kaitlin McKenzie		118.04	F	
91.	Duncan Sutherland		DNF		

Team: Nairn Road Runners, 5hr 14mins